

Light & Bright™

# Bring Your Inner Beauty to Light

With Nordlys Light & Bright™ treatment

 CANDELA™  
Science. Results. Trust.





# Introduction & Overview


Achieve an outer appearance that matches your inner beauty.

When the world sees you the way you see yourself, that inner strength is undeniable. You're at ease in any situation, and your confidence soars. But finding the right solution for your skin that helps you look your best — **so you can feel your best** — depends on your healthcare practitioner and your needs.

Designed to help remove dark spots, reduce redness, and improve textural irregularities, the Nordlys Light & Bright™ treatment may be **your answer to brighter, smoother-looking skin.**<sup>1-5</sup>

We invite you to read more about skin conditions, treatment options, how Light & Bright™ works, and how **your healthcare practitioner can help reveal the real you.**



A close-up photograph of a woman's face and neck. Her lips are painted with a soft, reddish-pink lipstick. Her skin is smooth and has a natural glow. Her dark hair is pulled back into a bun. The background is a plain, light color.

Revealing the  
truth about skin  
conditions and  
treatments to  
help reveal the  
real you.



# Enhance your treatment

by understanding the most common types of skin conditions.

## **Redness + spider veins (benign vascular lesions)**

Usually caused by excess vascularity or swelling of veins that are visible through the skin.<sup>6</sup>

One common type of **facial skin redness is called rosacea**. This is a persistent redness, typically found in the central part of your face.<sup>6</sup>

**Other types of vascular issues** include facial thread veins — often called “spider veins” or telangiectasias — or small red spots called cherry angiomas. Excess redness can also be associated with scarring that can be seen in acne scars.<sup>5</sup>

## **Dark spots**

Concentrated areas of melanin in your skin caused by overactive pigmentation cells. They are a natural part of aging but are **often increased with sun exposure**.<sup>7</sup>

## **Textural irregularities**

A **result of excess dead skin cells** that build up on the surface of the skin, making areas feel rough or bumpy to the touch and can also give the skin a dull appearance.<sup>7</sup>



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# Redness + Spider Veins

## Benign Vascular Lesions

Skin redness and visible veins (such as spider veins) are often caused by excess vascularity or swelling of veins that are visible through the skin.<sup>8</sup>

SKIN CONDITIONS

# Redness + Spider Veins

## Benign Vascular Lesions

Other types of vascular issues include facial thread veins (**often called “spider veins” or telangiectasias**) or small red spots called cherry angiomas. Excess redness can also be associated with scarring, such as is seen in acne scars.<sup>5</sup>

↪ One survey study found that up to 84% of the population has telangiectasias (spider veins).<sup>9</sup>



*Excess veins and redness are often treated with topical medications or lasers, including pulsed dye lasers. Intense pulsed light (IPL) can also address unwanted veins and redness.<sup>5</sup>*



# Dark Spots

## Benign Pigmented Lesions

Dark spots are concentrated areas of melanin in your skin caused by overactive pigmentation in the cells.<sup>10</sup>

SKIN CONDITIONS

# Dark Spots

## Benign Pigmented Lesions

For mild dark spots, retinoid creams, lasers, chemical peels, microdermabrasion, and microneedling are all potential solutions.<sup>11</sup> Use of intense pulsed light (IPL) devices is a **popular solution to remove dark spots**, which often can be removed in just a few treatments.<sup>3</sup>

➔ Dark spots are very common and a natural part of aging but are increased with sun exposure.<sup>10</sup>



*Mild to moderate dark spots*



*Mild to severe dark spots*



# Textural Irregularities

As we age, a decrease in collagen production reduces our skin's ability to hold a firm texture.<sup>12</sup>

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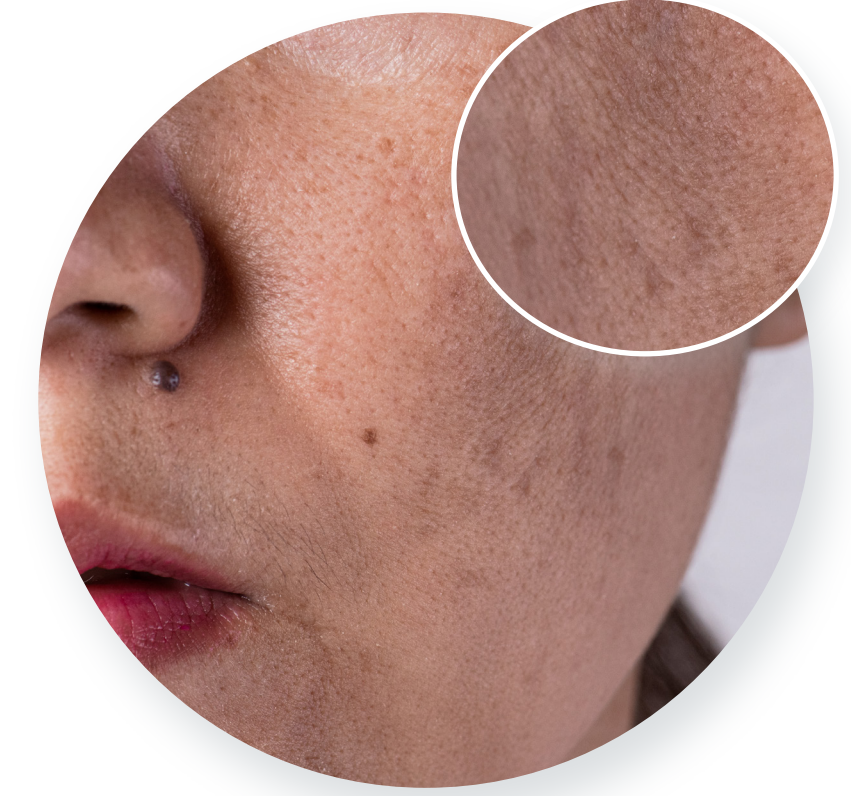
# Textural Irregularities

For textural irregularities, microdermabrasion and microneedling are potential solutions. **Fractional laser treatment is another option** to improve textural irregularities via skin resurfacing.<sup>5</sup>

A buildup of dead skin cells, dirt, and chemicals on the face over time paired with pollution and **sun exposure can exacerbate textural irregularities.**<sup>13</sup>



*Mild to moderate textural irregularities*



*Mild to severe textural irregularities*



# What Is the Nordlys Light & Bright™ Treatment?

Light and Bright™ is an exciting **treatment that both rejuvenates\* and resurfaces skin** to improve redness, dark spots, textural irregularities\*\*, and spider veins.<sup>1,5</sup>





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# Light & Bright™ Treatment

## The Nordlys Light & Bright™ treatment

uses a combination of intense pulsed light (IPL) and a non-ablative fractional laser to improve redness and dark spots, resurface your skin, and stimulate your body's own natural collagen production for bright, glowing skin.<sup>14,15</sup>

The Light & Bright™ treatment is a series of treatments, typically done over 3 treatment sessions. It consists of **Frax 1550™ and/or Frax 1940™ treatments** followed by IPL treatment on the Nordlys system.



*The Nordlys system uses a unique narrowband IPL, which minimizes risks relative to more broadband IPL treatment.<sup>1-5</sup>*

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HOW IT WORKS

# IPL in Light & Bright™

The IPL used in the Light & Bright™ treatment uses a narrow spectrum of light (**called Ellipse IPL™**) to treat the skin for conditions including sun damage, age spots, redness, spider veins, and rosacea.<sup>1,5</sup>

The fractional lasers each use a targeted wavelength to deliver small, controlled bursts of light energy to reduce textural irregularities via skin resurfacing, **creating a smoother, more uniform complexion.**<sup>14,15</sup>



Click to play



# Treatment Difference

Learn why the two advanced technologies found on the **Nordlys Light & Bright™** system are better than one.<sup>1,5</sup>





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# Treatment Difference



**Older-technology broadband IPL** uses broad wavelengths of light — up to 1,400 nm (nanometers) long<sup>16</sup> — which may be more light than needed for some procedures. This results in untargeted, higher energy delivery, which may overheat the skin and **cause unnecessary pain and increase risk of unwanted side effects.**<sup>5</sup>



**The narrowband intense pulsed light (IPL)** used in Light & Bright™ cuts off all light wavelengths above 950 nm, removing potentially harmful higher wavelengths.<sup>1,3-5</sup> Since less light is delivered, the **skin is exposed to less heat**, making the procedure more comfortable.<sup>5</sup> Additionally, this narrowband treatment allows the light that is delivered to be more targeted, potentially **requiring fewer treatments than broadband IPL.**<sup>3</sup>

## Frax 1550™ & Frax 1940™ Technology

Allows easy treatment reach compared to some other fractional lasers.<sup>5</sup> The laser is quiet, creating a relaxing treatment experience.<sup>5</sup> The use of both IPL and Frax wavelengths in a complementary fashion reaches different targeted skin depths to rejuvenate sun-damaged skin, reduce redness, lighten age and dark spots, and improve skin texture.<sup>5</sup>





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# Aesthetic Treatment Options: A Comparison

Procedure	Condition	Recovery
<b>Non-Ablative Fractional Laser(s) and Narrowband IPL (Light &amp; Bright Treatment)<sup>A</sup></b>	Redness Dark Spots Textural Irregularities	1-3 days
<b>Non-Ablative Fractional Laser<sup>B</sup></b>	Dark Spots Textural Irregularities	1-3 days
<b>Intense Pulsed Light<sup>C</sup></b>	Redness Dark Spots Acne Hair Removal	1-2 days
<b>Ablative CO2 Laser<sup>D</sup></b>	Dark Spots Textural Irregularities Wrinkles Acne Scars	2-4 weeks



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# Aesthetic Treatment Options: A Comparison

Procedure	Condition	Recovery
<b>Pulsed Dye Laser<sup>E</sup></b>	Redness Scars Dark Spots	1-3 days
<b>Microdermabrasion<sup>F</sup></b>	Dark Spots Minimal Skin Smoothing	Hours
<b>Chemical Peels<sup>D</sup></b>	Mild Dark Spots Minimal Skin Smoothing	1-2 weeks
<b>Retinoids<sup>E</sup></b>	Mild Dark Spots Acne	None



# What to Expect

Experience the difference of a  
Light & Bright™ treatment.

Nordlys™ | Light & Bright™





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# What to Expect

The entire procedure takes **about 30 to 45 minutes**, and you can resume your daily activities in just a few days.<sup>5</sup>

1

Prior to your Nordlys Light & Bright treatment, you and your healthcare provider will meet to **discuss your treatment goals**. It is important to avoid tanning (sun, tanning salons, and self-tanning products) before and during the treatment period.

2

The Light & Bright treatment consists of a course of 3 sessions, but this may vary according to what will be treated. Your healthcare provider will **review with you how many sessions you may need**.

3

Your healthcare provider may use an anesthetic/numbing cream to reduce discomfort. The treatment **procedure will generally take 30-45 minutes**.

4

**After treatment**, your skin may benefit from applying a cool, damp cloth to your face or from using an ointment prescribed by your healthcare provider.

5

You may notice a sloughing off of some skin or a darkening of some pigmented spots for a few days following the treatment. After that, **you will find your skin looks smoother, brighter, and glowing**.

6

Talk to your healthcare provider about what you can expect with **your individual treatment**.

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# Real Patient Results

Before  
treatment



After  
treatment



*“The Light & Bright treatment decreased my redness drastically, in very little time. I feel so much more confident and comfortable in my own skin. It has truly changed my life.”*

**—Amy Lowell, MA**



# What to Ask

**Questions to consider** before and after your Light & Bright™ consultation.





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# What to Ask Your Healthcare Practitioner

- Is the Light & Bright™ treatment right for me?
- How should I prepare for my treatment?
- How many sessions will I need to achieve my desired results?
- How much will this cost?
- How do I book my first appointment?



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# About Candela

Named for the unit of light from a single candle, **Candela is the spark that continues to inspire an entire industry.**

Candela Corporation is **a leading global medical aesthetic device company** with an extensive product portfolio and a global distribution footprint.

The **company's technology enables physicians and other treatment providers to offer advanced solutions** for a broad range of medical aesthetic applications including *hair removal; wrinkle reduction; tattoo removal; women's health treatments; facial resurfacing; traumatic and surgical scar treatments; body contouring; improving the skin's appearance through the treatment of benign vascular and pigmented lesions; and the treatment of acne, leg veins, and cellulite.*



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